

Daphne
Publishing

FAYE BROWN

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TO WHOM IT MAY CONCERN:

I have had Intergroup health insurance for many years. I have tried five fitness facilities in Tucson, and prefer Body Parts over all the others. It is clean, pleasant and has state-of-the-art equipment. Staff members are gracious and accommodating.

The owners give seniors a break in prices.

Personal trainer Al Vishnevetsky specializes in working with seniors. He is a member of the National Federation of Professional Trainers and is an ASFA Certified Senior Citizen Personal Trainer. In addition, he is an advanced IFPA Certified Personal Trainer, and an IFPA Certified Nutrition Counselor.

Mr. Vishnevetsky is also a "SPALDING" Rotaflex Certified Trainer. He publishes an informative newsletter, "One Life to Lift". He is truly "The Motivator".

Sincerely,

Faye D. Brown

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