

3190 N. Avenida Del Conejo
Tucson, AZ 85749
November 1, 1997

I would like to take this opportunity to relate my experiences with Mr. Alex Vishnevetsky, "The Motivator". I have retained Mr. Vishnevetsky's services as a personal trainer for approximately three months. During this time I have lost pounds and inches while gaining strength and flexibility. I am extremely pleased with my level of physical improvement.

During this time Mr. Vishnevetsky has always been professional in both his training program and his demeanor with myself and his other clients. He takes every precaution to prevent any physical injury to his clients. I have complete confidence in his abilities and have developed a great respect for Mr. Vishnevetsky. I have no hesitation whatsoever in recommending the professional training services of Mr. Alex Vishnevetsky, "The Motivator".

A handwritten signature in black ink, appearing to read "C. Smith", with a long horizontal flourish extending to the right.

Catherine J. Smith